



**Accreditation Council for  
Graduate Medical Education**

**ACGME Program Requirements for  
Graduate Medical Education  
in Internal Medicine**

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# ACGME Program Requirements for Graduate Medical Education in Internal Medicine

Common Program Requirements are in BOLD

## Introduction

**Int.A. Residency is an essential dimension of the transformation of the medical student to the independent practitioner along the continuum of medical education. It is physically, emotionally, and intellectually demanding, and requires longitudinally-concentrated effort on the part of the resident.**

**The specialty education of physicians to practice independently is experiential, and necessarily occurs within the context of the health care delivery system. Developing the skills, knowledge, and attitudes leading to proficiency in all the domains of clinical competency requires the resident physician to assume personal responsibility for the care of individual patients. For the resident, the essential learning activity is interaction with patients under the guidance and supervision of faculty members who give value, context, and meaning to those interactions. As residents gain experience and demonstrate growth in their ability to care for patients, they assume roles that permit them to exercise those skills with greater independence. This concept—graded and progressive responsibility—is one of the core tenets of American graduate medical education. Supervision in the setting of graduate medical education has the goals of assuring the provision of safe and effective care to the individual patient; assuring each resident’s development of the skills, knowledge, and attitudes required to enter the unsupervised practice of medicine; and establishing a foundation for continued professional growth.**

**Int.B. Internal medicine is a discipline encompassing the study and practice of health promotion, disease prevention, diagnosis, care, and treatment of men and women from adolescence to old age, during health and all stages of illness. Intrinsic to the discipline are scientific knowledge, the scientific method of problem solving, evidence-based decision making, a commitment to lifelong learning, and an attitude of caring that is derived from humanistic and professional values.**

## **I. Institutions**

### **I.A. Sponsoring Institution**

**One sponsoring institution must assume ultimate responsibility for the program, as described in the Institutional Requirements, and this responsibility extends to resident assignments at all participating sites.**  
(Core)\*

**The sponsoring institution and the program must ensure that the program director has sufficient protected time and financial support for his or her educational and administrative responsibilities to the program.** (Core)

I.A.1. The sponsoring institution must establish the internal medicine residency within a department of internal medicine. <sup>(Detail)</sup>

I.A.2. The sponsoring institution and participating sites must:

I.A.2.a) provide at least 50% salary support (at least 20 hours per week) for the program director; <sup>(Detail)</sup>

I.A.2.b) provide associate program directors (APD) based on program size. At a minimum, APDs are required at resident complements of 24 or greater according to the following parameters: <sup>(Core)</sup>

Residents	APDs
24-40	1
41-79	2
80-119	3
120-159	4
>159	5

I.A.2.c) provide 20 hours per week salary support for each associate program director required to meet these program requirements; <sup>(Detail)</sup>

I.A.2.d) provide support for core faculty based on program size, according to the following faculty to resident ratio: <sup>(Core)</sup>

Residents	Core Faculty
<60	4
60-75	5
76-90	6
91-105	7
106-120	8
121-135	9
136-150	10
151-165	11
166-180	12
>180	13

I.A.2.e) provide support for program administrator(s) and other support personnel required for operation of the program; <sup>(Core)</sup>

I.A.2.f) provide residents with access to training using simulation; <sup>(Detail)</sup>

I.A.2.g) provide access to an electronic health record. In the absence of an existing electronic health record, institutions must demonstrate institutional commitment to its development, and progress towards its implementation; <sup>(Core)</sup>

I.A.2.h) provide the resources to ensure the implementation of the

following:

- I.A.2.h).(1) inpatient and outpatient systems to prevent residents from performing routine clerical functions, such as scheduling tests and appointments, and retrieving records and letters; (Core)
- I.A.2.h).(2) residents' service responsibilities must be limited to patients for whom the teaching service has diagnostic and therapeutic responsibility. (N.B.: Teaching Service is defined as those patients for whom internal medicine residents [PGY 1, 2, or 3] routinely provide care); (Core)
- I.A.2.h).(3) residents must not be assigned more than two months of night float during any year of training, or more than four months of night float over the three years of residency training. Residents must not be assigned to more than one month of consecutive night float rotation; (Core)
- I.A.2.h).(4) residents should not be required to relate to an excessive number of physicians of record; (Core)
- I.A.2.h).(5) residents from other specialties must not supervise internal medicine residents on any internal medicine inpatient rotation; and, (Core)
- I.A.2.h).(6) on inpatient rotations: (Core)
- I.A.2.h).(6).(a) a first-year resident must not be assigned more than five new patients per admitting day; an additional two patients may be assigned if they are in-house transfers from the medical services; (Core)
- I.A.2.h).(6).(b) a first-year resident must not be assigned more than eight new patients in a 48-hour period; (Core)
- I.A.2.h).(6).(c) a first-year resident must not be responsible for the ongoing care of more than 10 patients; (Core)
- I.A.2.h).(6).(d) when supervising more than one first-year resident, the supervising resident must not be responsible for the supervision or admission of more than 10 new patients and four transfer patients per admitting day or more than 16 new patients in a 48-hour period; (Core)
- I.A.2.h).(6).(e) when supervising one first-year resident, the supervising resident must not be responsible for the ongoing care of more than 14 patients; (Core)
- I.A.2.h).(6).(f) when supervising more than one first-year resident,

the supervising resident must not be responsible for the ongoing care of more than 20 patients; <sup>(Core)</sup>

I.A.2.h).(6).(g)

residents must write all orders for patients under their care, with appropriate supervision by the attending physician. In those unusual circumstances when an attending physician or subspecialty resident writes an order on a resident's patient, the attending or subspecialty resident must communicate his or her action to the resident in a timely manner; <sup>(Core)</sup>

I.A.2.h).(6).(h)

second- or third-year internal medicine residents or other appropriate supervisory physicians (e.g., subspecialty residents or attendings) with documented experience appropriate to the acuity, complexity, and severity of patient illness must be available at all times on site to supervise first-year residents; <sup>(Core)</sup>

I.A.2.h).(6).(i)

each physician of record has the responsibility to make management rounds on his or her patients and to communicate effectively with the residents participating in the care of these patients at a frequency appropriate to the changing care needs of the patients; <sup>(Core)</sup>

I.A.2.h).(6).(j)

total required transplant rotations in dedicated units should not exceed one month in three years. <sup>(Detail)</sup>

## **I.B. Participating Sites**

**I.B.1. There must be a program letter of agreement (PLA) between the program and each participating site providing a required assignment. The PLA must be renewed at least every five years.** <sup>(Core)</sup>

### **The PLA should:**

**I.B.1.a) identify the faculty who will assume both educational and supervisory responsibilities for residents;** <sup>(Detail)</sup>

**I.B.1.b) specify their responsibilities for teaching, supervision, and formal evaluation of residents, as specified later in this document;** <sup>(Detail)</sup>

**I.B.1.c) specify the duration and content of the educational experience; and,** <sup>(Detail)</sup>

**I.B.1.d) state the policies and procedures that will govern resident education during the assignment.** <sup>(Detail)</sup>

**I.B.2. The program director must submit any additions or deletions of participating sites routinely providing an educational experience, required for all residents, of one month full time equivalent (FTE) or more through the Accreditation Council for Graduate Medical Education (ACGME) Accreditation Data System (ADS).<sup>(Core)</sup>**

## **II. Program Personnel and Resources**

### **II.A. Program Director**

**II.A.1. There must be a single program director with authority and accountability for the operation of the program. The sponsoring institution's GMEC must approve a change in program director.<sup>(Core)</sup>**

**II.A.1.a) The program director must submit this change to the ACGME via the ADS.<sup>(Core)</sup>**

**II.A.2. The program director should continue in his or her position for a length of time adequate to maintain continuity of leadership and program stability.<sup>(Detail)</sup>**

**II.A.3. Qualifications of the program director must include:**

**II.A.3.a) requisite specialty expertise and documented educational and administrative experience acceptable to the Review Committee;<sup>(Core)</sup>**

**II.A.3.a).(1) which includes at least five years of participation as an active faculty member in an ACGME-accredited internal medicine residency program, and<sup>(Detail)</sup>**

**II.A.3.a).(2) at least three years of graduate medical education administrative experience prior to appointment.<sup>(Detail)</sup>**

**II.A.3.b) current certification in the specialty by the American Board of Internal Medicine, or specialty qualifications that are acceptable to the Review Committee; and,<sup>(Core)</sup>**

**II.A.3.b).(1) The Review Committee only accepts current Board certification in internal medicine.<sup>(Core)</sup>**

**II.A.3.c) current medical licensure and appropriate medical staff appointment.<sup>(Core)</sup>**

**II.A.4. The program director must administer and maintain an educational environment conducive to educating the residents in each of the ACGME competency areas.<sup>(Core)</sup>**

**The program director must:**

**II.A.4.a) oversee and ensure the quality of didactic and clinical**

- education in all sites that participate in the program; <sup>(Core)</sup>
- II.A.4.b)** approve a local director at each participating site who is accountable for resident education; <sup>(Core)</sup>
- II.A.4.c)** approve the selection of program faculty as appropriate; <sup>(Core)</sup>
- II.A.4.d)** evaluate program faculty; <sup>(Core)</sup>
- II.A.4.e)** approve the continued participation of program faculty based on evaluation; <sup>(Core)</sup>
- II.A.4.f)** monitor resident supervision at all participating sites; <sup>(Core)</sup>
- II.A.4.g)** prepare and submit all information required and requested by the ACGME; <sup>(Core)</sup>
- II.A.4.g).(1)** This includes but is not limited to the program application forms and annual program updates to the ADS, and ensure that the information submitted is accurate and complete. <sup>(Core)</sup>
- II.A.4.h)** ensure compliance with grievance and due process procedures as set forth in the Institutional Requirements and implemented by the sponsoring institution; <sup>(Detail)</sup>
- II.A.4.i)** provide verification of residency education for all residents, including those who leave the program prior to completion; <sup>(Detail)</sup>
- II.A.4.j)** implement policies and procedures consistent with the institutional and program requirements for resident duty hours and the working environment, including moonlighting, <sup>(Core)</sup>
- and, to that end, must:
- II.A.4.j).(1)** distribute these policies and procedures to the residents and faculty; <sup>(Detail)</sup>
- II.A.4.j).(2)** monitor resident duty hours, according to sponsoring institutional policies, with a frequency sufficient to ensure compliance with ACGME requirements; <sup>(Core)</sup>
- II.A.4.j).(3)** adjust schedules as necessary to mitigate excessive service demands and/or fatigue; and, <sup>(Detail)</sup>
- II.A.4.j).(4)** if applicable, monitor the demands of at-home call and adjust schedules as necessary to mitigate excessive service demands and/or fatigue. <sup>(Detail)</sup>

- II.A.4.k)** monitor the need for and ensure the provision of back up support systems when patient care responsibilities are unusually difficult or prolonged; <sup>(Detail)</sup>
- II.A.4.l)** comply with the sponsoring institution's written policies and procedures, including those specified in the Institutional Requirements, for selection, evaluation and promotion of residents, disciplinary action, and supervision of residents; <sup>(Detail)</sup>
- II.A.4.m)** be familiar with and comply with ACGME and Review Committee policies and procedures as outlined in the ACGME Manual of Policies and Procedures; <sup>(Detail)</sup>
- II.A.4.n)** obtain review and approval of the sponsoring institution's GMEC/DIO before submitting information or requests to the ACGME, including: <sup>(Core)</sup>
- II.A.4.n).(1)** all applications for ACGME accreditation of new programs; <sup>(Detail)</sup>
  - II.A.4.n).(2)** changes in resident complement; <sup>(Detail)</sup>
  - II.A.4.n).(3)** major changes in program structure or length of training; <sup>(Detail)</sup>
  - II.A.4.n).(4)** progress reports requested by the Review Committee; <sup>(Detail)</sup>
  - II.A.4.n).(5)** requests for increases or any change to resident duty hours; <sup>(Detail)</sup>
  - II.A.4.n).(6)** voluntary withdrawals of ACGME-accredited programs; <sup>(Detail)</sup>
  - II.A.4.n).(7)** requests for appeal of an adverse action; and, <sup>(Detail)</sup>
  - II.A.4.n).(8)** appeal presentations to a Board of Appeal or the ACGME. <sup>(Detail)</sup>
- II.A.4.o)** obtain DIO review and co-signature on all program application forms, as well as any correspondence or document submitted to the ACGME that addresses: <sup>(Detail)</sup>
- II.A.4.o).(1)** program citations, and/or, <sup>(Detail)</sup>
  - II.A.4.o).(2)** request for changes in the program that would have significant impact, including financial, on the program or institution. <sup>(Detail)</sup>
- II.A.4.p)** monitor resident stress, including mental or emotional conditions

inhibiting performance or learning, and drug- or alcohol-related dysfunction. <sup>(Core)</sup>

- II.A.4.p).(1) Both the program director and faculty should be sensitive to the need for timely provision of confidential counseling and psychological support services to residents. <sup>(Detail)</sup>
- II.A.4.p).(2) Situations that demand excessive service or that consistently produce undesirable stress on residents must be evaluated and modified; <sup>(Detail)</sup>
- II.A.4.q) dedicate no less than 50% (at least 20 hours per week) of his or her professional effort to the administrative and educational activities of the internal medicine educational program and receive institutional support for this time; <sup>(Detail)</sup>
- II.A.4.r) be available and accessible to residents at the primary teaching site(s); <sup>(Detail)</sup>
- II.A.4.s) oversee development of an effective resident advising program; <sup>(Detail)</sup>
- II.A.4.t) supervise any internal medicine subspecialty training programs sponsored by the institution and linked to their core program to ensure compliance with the ACGME accreditation standards; <sup>(Core)</sup>
- II.A.4.u) have supervisory authority over all educational tracks in the internal medicine residency program; <sup>(Detail)</sup>
- II.A.4.v) conduct the internal medicine component of special educational tracks under the auspices of the Department of Internal Medicine; <sup>(Detail)</sup>
- II.A.4.w) ensure that the residency does not place excessive reliance on residents for service as opposed to education; <sup>(Core)</sup>
- II.A.4.x) participate in academic societies and in educational programs designed to enhance his or her educational and administrative skills. <sup>(Detail)</sup>

## II.B. Faculty

**II.B.1. At each participating site, there must be a sufficient number of faculty with documented qualifications to instruct and supervise all residents at that location. <sup>(Core)</sup>**

### **The faculty must:**

**II.B.1.a) devote sufficient time to the educational program to fulfill their supervisory and teaching responsibilities; and to demonstrate a strong interest in the education of residents;**

(Core)

- II.B.1.b) **administer and maintain an educational environment conducive to educating residents in each of the ACGME competency areas;** (Core)
- II.B.1.c) provide advising for residents in the areas of educational goal-setting, career planning, patient care, and scholarship; and, (Detail)
- II.B.1.d) meet professional standards of behavior. (Core)
- II.B.2. **The physician faculty must have current certification in the specialty by the American Board of Internal Medicine, or possess qualifications judged acceptable to the Review Committee.** (Core)
- II.B.3. **The physician faculty must possess current medical licensure and appropriate medical staff appointment.** (Core)
- II.B.4. **The nonphysician faculty must have appropriate qualifications in their field and hold appropriate institutional appointments.** (Core)
- II.B.5. **The faculty must establish and maintain an environment of inquiry and scholarship with an active research component.** (Core)
  - II.B.5.a) **The faculty must regularly participate in organized clinical discussions, rounds, journal clubs, and conferences.** (Detail)
  - II.B.5.b) **Some members of the faculty should also demonstrate scholarship by one or more of the following:**
    - II.B.5.b).(1) **peer-reviewed funding;** (Detail)
    - II.B.5.b).(2) **publication of original research or review articles in peer reviewed journals, or chapters in textbooks;** (Detail)
    - II.B.5.b).(3) **publication or presentation of case reports or clinical series at local, regional, or national professional and scientific society meetings; or,** (Detail)
    - II.B.5.b).(4) **participation in national committees or educational organizations.** (Detail)
  - II.B.5.c) **Faculty should encourage and support residents in scholarly activities.** (Core)
- II.C. **Other Program Personnel**

**The institution and the program must jointly ensure the availability of all necessary professional, technical, and clerical personnel for the effective administration of the program.** (Core)

II.C.1. Associate Program Directors

Associate program directors (APDs) are faculty who assist the program director in the administrative and clinical oversight of the educational program.

II.C.1.a) Qualifications of the associate program directors are as follows:

II.C.1.a).(1) must be clinicians with broad knowledge of, experience with, and commitment to internal medicine as a discipline, patient centered care, and to the generalist training of residents, and <sup>(Detail)</sup>

II.C.1.a).(2) must hold current certification from the American Board of Internal Medicine (ABIM) in either internal medicine or a subspecialty. <sup>(Core)</sup>

II.C.1.b) Responsibilities for associate program directors are as follows:

II.C.1.b).(1) must dedicate an average of at least 20 hours per week to the administrative and educational aspects of the educational program, as delegated by the program director, and receive institutional support for this time; <sup>(Core)</sup>

II.C.1.b).(2) must report directly to the program director; and, <sup>(Detail)</sup>

II.C.1.b).(3) must participate in academic societies and in educational programs designed to enhance their educational and administrative skills. <sup>(Detail)</sup>

II.C.2. Subspecialty Education Coordinators

In conjunction with division chiefs, the program director must identify a qualified individual, the Subspecialty Education Coordinator, in each of the following subspecialties of internal medicine: cardiology, critical care, endocrinology, hematology, gastroenterology, geriatric medicine, infectious diseases, nephrology, oncology, pulmonary disease, and rheumatology. <sup>(Core)</sup>

II.C.2.a) The Subspecialty Education Coordinator must be:

II.C.2.a).(1) currently certified in the subspecialty by the ABIM, and <sup>(Core)</sup>

II.C.2.a).(2) accountable to the program director for coordination of the residents' subspecialty educational experiences in order to accomplish the goals and objectives in the subspecialty. (N.B.: Core Faculty may also serve as Subspecialty Education Coordinators.) <sup>(Detail)</sup>

II.C.3. Core Faculty

The residency program must include institutionally based core faculty in addition to the program director and associate program directors. The core faculty are the expert competency evaluators who work closely with the program director and associate program directors, who assist in developing and implementing the evaluation system, and who teach and advise residents. <sup>(Core)</sup>

The core faculty must:

- II.C.3.a) be ABIM-certified internists who are clinically active, either in direct patient care or in the supervision of patient care; <sup>(Core)</sup>
- II.C.3.b) dedicate an average of at least 15 hours per individual per week throughout the year to residency training; <sup>(Core)</sup>
- II.C.3.c) be specifically trained in the evaluation and assessment of the ACGME competencies; <sup>(Detail)</sup>
- II.C.3.d) spend significant time in the evaluation of residents including the direct observation of residents with patients; and, <sup>(Detail)</sup>
- II.C.3.e) advise residents with respect to their career and educational goals. <sup>(Detail)</sup>

## II.D. Resources

**The institution and the program must jointly ensure the availability of adequate resources for resident education, as defined in the specialty program requirements.** <sup>(Core)</sup>

- II.D.1. The sponsoring institution must provide the broad range of facilities and clinical support services required to provide comprehensive care of adult patients. Residents must have clinical experiences in efficient, effective ambulatory and inpatient care settings. <sup>(Core)</sup>
- II.D.2. Additional services must include those for: cardiac catheterization, bronchoscopy, gastrointestinal endoscopy, noninvasive cardiology studies, pulmonary function studies, hemodialysis, and imaging studies, including radionuclide, ultrasound, fluoroscopy, angiography, computerized tomography, and magnetic resonance imaging. <sup>(Detail)</sup>
- II.D.3. Adequate clinical and teaching space must be available, including meeting rooms, classrooms, examination rooms, computers, visual and other educational aids, and office space for teaching staff. <sup>(Core)</sup>
- II.D.4. When residents are assigned duty in the hospital, the institution must provide them with:
  - II.D.4.a) on-call facilities that are convenient and that afford privacy, safety, and a restful environment with a secure space for their belongings, and <sup>(Detail)</sup>

- II.D.4.b) sleeping rooms, lounge, and food facilities. <sup>(Detail)</sup>
- II.D.5. Patient Population
- II.D.5.a) The patient population must have a variety of clinical problems and stages of disease. <sup>(Core)</sup>
- II.D.5.b) There must be patients of both sexes, with a broad age range, including geriatric patients. <sup>(Core)</sup>
- II.D.6. There must be services available from other health care professionals such as nurses, social workers, case managers, language interpreters, dieticians, etc. to assist with patient care. <sup>(Detail)</sup>
- II.D.7. Consultations from other clinical services must be available in a timely manner in all care settings where the residents work. All consultations should be performed by or under the supervision of a qualified specialist. <sup>(Detail)</sup>

## **II.E. Medical Information Access**

**Residents must have ready access to specialty-specific and other appropriate reference material in print or electronic format. Electronic medical literature databases with search capabilities should be available.** <sup>(Detail)</sup>

## **III. Resident Appointments**

### **III.A. Eligibility Criteria**

**The program director must comply with the criteria for resident eligibility as specified in the Institutional Requirements.** <sup>(Core)</sup>

#### **III.A.1. Eligibility Requirements – Residency Programs**

- III.A.1.a) **All prerequisite post-graduate clinical education required for initial entry or transfer into ACGME-accredited residency programs must be completed in ACGME-accredited residency programs, or in Royal College of Physicians and Surgeons of Canada (RCPSC)-accredited or College of Family Physicians of Canada (CFPC)-accredited residency programs located in Canada. Residency programs must receive verification of each applicant's level of competency in the required clinical field using ACGME or CanMEDS Milestones assessments from the prior training program.** <sup>(Core)</sup>
- III.A.1.b) **A physician who has completed a residency program that was not accredited by ACGME, RCPSC, or CFPC may enter an ACGME-accredited residency program in the same specialty at the PGY-1 level and, at the discretion of the**

program director at the ACGME-accredited program may be advanced to the PGY-2 level based on ACGME Milestones assessments at the ACGME-accredited program. This provision applies only to entry into residency in those specialties for which an initial clinical year is not required for entry. <sup>(Core)</sup>

**III.A.1.c)** A Review Committee may grant the exception to the eligibility requirements specified in Section III.A.2.b) for residency programs that require completion of a prerequisite residency program prior to admission. <sup>(Core)</sup>

**III.A.1.d)** Review Committees will grant no other exceptions to these eligibility requirements for residency education. <sup>(Core)</sup>

### **III.A.2. Eligibility Requirements – Fellowship Programs**

All required clinical education for entry into ACGME-accredited fellowship programs must be completed in an ACGME-accredited residency program, or in an RCPSC-accredited or CFPC- accredited residency program located in Canada. <sup>(Core)</sup>

**III.A.2.a)** Fellowship programs must receive verification of each entering fellow's level of competency in the required field using ACGME or CanMEDS Milestones assessments from the core residency program. <sup>(Core)</sup>

#### **III.A.2.b) Fellow Eligibility Exception**

A Review Committee may grant the following exception to the fellowship eligibility requirements:

An ACGME-accredited fellowship program may accept an exceptionally qualified applicant\*\*, who does not satisfy the eligibility requirements listed in Sections III.A.2. and III.A.2.a), but who does meet all of the following additional qualifications and conditions: <sup>(Core)</sup>

**III.A.2.b).(1)** Assessment by the program director and fellowship selection committee of the applicant's suitability to enter the program, based on prior training and review of the summative evaluations of training in the core specialty; and <sup>(Core)</sup>

**III.A.2.b).(2)** Review and approval of the applicant's exceptional qualifications by the GMEC or a subcommittee of the GMEC; and <sup>(Core)</sup>

**III.A.2.b).(3)** Satisfactory completion of the United States Medical Licensing Examination (USMLE) Steps 1, 2, and, if the applicant is eligible, 3, and; <sup>(Core)</sup>

**III.A.2.b).(4)**

**For an international graduate, verification of Educational Commission for Foreign Medical Graduates (ECFMG) certification; and, <sup>(Core)</sup>**

**III.A.2.b).(5)**

**Applicants accepted by this exception must complete fellowship Milestones evaluation (for the purposes of establishment of baseline performance by the Clinical Competency Committee), conducted by the receiving fellowship program within six weeks of matriculation. This evaluation may be waived for an applicant who has completed an ACGME International-accredited residency based on the applicant's Milestones evaluation conducted at the conclusion of the residency program. <sup>(Core)</sup>**

**III.A.2.b).(5).(a)**

**If the trainee does not meet the expected level of Milestones competency following entry into the fellowship program, the trainee must undergo a period of remediation, overseen by the Clinical Competency Committee and monitored by the GMEC or a subcommittee of the GMEC. This period of remediation must not count toward time in fellowship training. <sup>(Core)</sup>**

**\*\* An exceptionally qualified applicant has (1) completed a non-ACGME-accredited residency program in the core specialty, and (2) demonstrated clinical excellence, in comparison to peers, throughout training. Additional evidence of exceptional qualifications is required, which may include one of the following: (a) participation in additional clinical or research training in the specialty or subspecialty; (b) demonstrated scholarship in the specialty or subspecialty; (c) demonstrated leadership during or after residency training; (d) completion of an ACGME-International-accredited residency program.**

**III.B. Number of Residents**

**The program's educational resources must be adequate to support the number of residents appointed to the program. <sup>(Core)</sup>**

**III.B.1.**

**The program director may not appoint more residents than approved by the Review Committee, unless otherwise stated in the specialty-specific requirements. <sup>(Core)</sup>**

**III.B.2.**

**A program must have a minimum of 15 residents enrolled and participating in the training program at all times. <sup>(Detail)</sup>**

**III.C. Resident Transfers**

**III.C.1.** Before accepting a resident who is transferring from another program, the program director must obtain written or electronic verification of previous educational experiences and a summative competency-based performance evaluation of the transferring resident. <sup>(Detail)</sup>

**III.C.2.** A program director must provide timely verification of residency education and summative performance evaluations for residents who may leave the program prior to completion. <sup>(Detail)</sup>

**III.C.3.** A resident who has satisfactorily completed a preliminary training year should not be appointed to additional years as a preliminary resident. <sup>(Detail)</sup>

### **III.D. Appointment of Fellows and Other Learners**

The presence of other learners (including, but not limited to, residents from other specialties, subspecialty fellows, PhD students, and nurse practitioners) in the program must not interfere with the appointed residents' education. <sup>(Core)</sup>

**III.D.1.** The program director must report the presence of other learners to the DIO and GMEC in accordance with sponsoring institution guidelines. <sup>(Detail)</sup>

## **IV. Educational Program**

**IV.A.** The curriculum must contain the following educational components:

**IV.A.1.** Overall educational goals for the program, which the program must make available to residents and faculty; <sup>(Core)</sup>

**IV.A.1.a)** An accredited residency program in internal medicine must provide 36 months of supervised graduate medical education. <sup>(Core)</sup>

**IV.A.1.b)** Residency training is primarily an educational experience in patient-centered care. The educational efforts of faculty and residents should enhance the quality of patient care, and the education of the residents. At least 1/3 of the residency training must occur in the ambulatory setting and at least 1/3 must occur in the inpatient setting. Emergency medicine may count for no more than two weeks toward the required 1/3 ambulatory time. <sup>(Detail)</sup>

**IV.A.2.** Competency-based goals and objectives for each assignment at each educational level, which the program must distribute to residents and faculty at least annually, in either written or electronic form; <sup>(Core)</sup>

**IV.A.2.a)** For each rotation or major learning experience, the competency-based goals and objectives (the written curriculum) must contain the educational plan, goals and objectives, educational methods,

and the evaluation tools that the program will use to assess the resident's competence. <sup>(Detail)</sup>

- IV.A.2.b) The curriculum must ensure that each resident has sufficient clinical exposure to the diagnostic and therapeutic methods of each of the recognized internal medicine subspecialties. <sup>(Core)</sup>
- IV.A.2.c) Educational venues and strategies.
- IV.A.2.c).(1) Faculty with credentials appropriate to the care setting must supervise all clinical experiences. <sup>(Core)</sup>
- These experiences must include:
- IV.A.2.c).(1).(a) required critical care rotations (e.g., medical or respiratory intensive care units, cardiac care units) <sup>(Core)</sup> which cannot be fewer than three months and more than six months over the 36 months of training; <sup>(Detail)</sup>
- IV.A.2.c).(1).(b) exposure to each of the internal medicine subspecialties and neurology; <sup>(Core)</sup>
- IV.A.2.c).(1).(c) an assignment in geriatric medicine; <sup>(Core)</sup>
- IV.A.2.c).(1).(d) opportunities for experience in psychiatry, allergy/immunology, dermatology, medical ophthalmology, office gynecology, otorhinolaryngology, non-operative orthopedics, palliative medicine, sleep medicine, and rehabilitation medicine; <sup>(Detail)</sup>
- IV.A.2.c).(1).(e) opportunities to demonstrate competence in the performance of procedures listed by the ABIM as requiring only knowledge and interpretation; <sup>(Detail)</sup>
- IV.A.2.c).(1).(f) a clinical experience in outpatient chronic disease management, preventive health, patient counseling, and common acute ambulatory problems. <sup>(Core)</sup>
- IV.A.2.c).(1).(g) a longitudinal continuity experience in which residents develop a continuous, long-term therapeutic relationship with a panel of general internal medicine patients; <sup>(Core)</sup>
- IV.A.2.c).(1).(g).(i) Programs must develop models and schedules for ambulatory training that minimize conflicting inpatient and outpatient responsibilities. <sup>(Detail)</sup>
- IV.A.2.c).(1).(g).(ii) Each resident's longitudinal continuity

experience:

- IV.A.2.c).(1).(g).(ii).(a) must include the resident serving as the primary physician for a panel of patients, with responsibility for chronic disease management, management of acute health problems, and preventive health care for their patients; <sup>(Detail)</sup>
- IV.A.2.c).(1).(g).(ii).(b) should not be interrupted by more than a month, not inclusive of vacation; <sup>(Detail)</sup>
- IV.A.2.c).(1).(g).(ii).(c) must include a minimum of 130 distinct half-day outpatient sessions, extending at least over a 30-month period, devoted to longitudinal care of the residents' panel of patients; <sup>(Detail)</sup>
- IV.A.2.c).(1).(g).(ii).(d) must include evaluation of performance data for each resident's continuity panel of patients relating to both chronic disease management and preventive health care. Residents must receive faculty guidance for developing a data-based action plan and evaluate this plan at least twice a year; <sup>(Detail)</sup>
- IV.A.2.c).(1).(g).(ii).(e) must include resident participation in coordination of care across health care settings. Residents should be accessible to participate in the management of their continuity panel of patients between outpatient visits. There must be systems of care to provide coverage of urgent problems when a resident is not readily available; <sup>(Detail)</sup>
- IV.A.2.c).(1).(g).(ii).(f) must include supervision by faculty who develop a longitudinal relationship with residents throughout the duration of their continuity experience; <sup>(Detail)</sup>
- IV.A.2.c).(1).(g).(ii).(g) must maintain a ratio of residents or other learners to faculty preceptors not to exceed 4:1; <sup>(Detail)</sup>

- IV.A.2.c).(1).(g).(ii).(h) must have sufficient supervision and teaching; <sup>(Detail)</sup>
- IV.A.2.c).(1).(g).(ii).(h).(i) Faculty must not have other patient care duties while supervising more than two residents or other learners, and <sup>(Detail)</sup>
- IV.A.2.c).(1).(g).(ii).(h).(ii) Other faculty responsibilities must not detract from the supervision and teaching of residents. <sup>(Detail)</sup>
- IV.A.2.c).(1).(h) Internal medicine residents must be assigned to emergency medicine <sup>(Core)</sup>
- IV.A.2.c).(1).(h).(i) for at least four weeks of direct experience in blocks of not less than two weeks. <sup>(Detail)</sup>
- IV.A.2.c).(1).(h).(ii) Internal medicine residents assigned to emergency medicine must have first-contact responsibility for a sufficient number of unselected patients to meet the educational needs of internal medicine residents. Triage by other physicians prior to this contact is unacceptable. <sup>(Detail)</sup>
- IV.A.2.c).(1).(h).(iii) Total required emergency medicine experience must not exceed two months in three years of training. <sup>(Detail)</sup>
- IV.A.3. Regularly scheduled didactic sessions;** <sup>(Core)</sup>
- IV.A.3.a) The core curriculum must include a didactic program that is based upon the core knowledge content of internal medicine. <sup>(Core)</sup>
- IV.A.3.a).(1) The didactic program may include lectures, web-based content, pod casts, etc. The program must afford each resident an opportunity to review all of the core curriculum topics. <sup>(Detail)</sup>
- IV.A.3.a).(2) Residents must have the opportunity to participate in morning report, grand rounds, journal club, and morbidity and mortality (or quality improvement) conferences, all of which must involve faculty. <sup>(Detail)</sup>
- IV.A.3.a).(3) The program must provide opportunities for residents to interact with other residents and faculty in educational sessions at a frequency sufficient for peer-peer and peer-

faculty interaction. <sup>(Detail)</sup>

IV.A.3.b) Patient based teaching must include direct interaction between resident and attending, bedside teaching, discussion of pathophysiology, and the use of current evidence in diagnostic and therapeutic decisions. <sup>(Core)</sup>

The teaching must be:

IV.A.3.b).(1) formally conducted on all inpatient, outpatient and consultative services, and <sup>(Detail)</sup>

IV.A.3.b).(2) conducted with a frequency and duration sufficient to ensure a meaningful and continuous teaching relationship between the assigned teaching attending and resident. <sup>(Detail)</sup>

**IV.A.4. Delineation of resident responsibilities for patient care, progressive responsibility for patient management, and supervision of residents over the continuum of the program; and, <sup>(Core)</sup>**

**IV.A.5. ACGME Competencies**

**The program must integrate the following ACGME competencies into the curriculum: <sup>(Core)</sup>**

**IV.A.5.a) Patient Care and Procedural Skills**

**IV.A.5.a).(1) Residents must be able to provide patient care that is compassionate, appropriate, and effective for the treatment of health problems and the promotion of health. Residents: <sup>(Outcome)</sup>**

are expected to demonstrate the ability to manage patients:

IV.A.5.a).(1).(a) in a variety of roles within a health system with progressive responsibility to include serving as the direct provider, the leader or member of a multi-disciplinary team of providers, a consultant to other physicians, and a teacher to the patient and other physicians; <sup>(Outcome)</sup>

IV.A.5.a).(1).(b) in the prevention, counseling, detection, and diagnosis and treatment of gender-specific diseases; <sup>(Outcome)</sup>

IV.A.5.a).(1).(c) in a variety of health care settings to include the inpatient ward, the critical care units, the emergency setting and the ambulatory setting; <sup>(Outcome)</sup>

- IV.A.5.a).(1).(d) across the spectrum of clinical disorders seen in the practice of general internal medicine including the subspecialties of internal medicine and non-internal medicine specialties in both inpatient and ambulatory settings; (Outcome)
- IV.A.5.a).(1).(e) using clinical skills of interviewing and physical examination; and, (Outcome)
- IV.A.5.a).(1).(f) by caring for a sufficient number of undifferentiated acutely and severely ill patients. (Outcome)
- IV.A.5.a).(2)** **Residents must be able to competently perform all medical, diagnostic, and surgical procedures considered essential for the area of practice. Residents:** (Outcome)
- IV.A.5.a).(2).(a) are expected to demonstrate the ability to manage patients:
- IV.A.5.a).(2).(a).(i) using the laboratory and imaging techniques appropriately; and, (Outcome)
- IV.A.5.a).(2).(a).(ii) by demonstrating competence in the performance of procedures mandated by the ABIM. (Outcome)
- IV.A.5.a).(2).(b) must treat their patient's conditions with practices that are safe, scientifically based, effective, efficient, timely, and cost effective. (Outcome)

**IV.A.5.b)**

**Medical Knowledge**

**Residents must demonstrate knowledge of established and evolving biomedical, clinical, epidemiological and social-behavioral sciences, as well as the application of this knowledge to patient care. Residents:** (Outcome)

- IV.A.5.b).(1) are expected to demonstrate a level of expertise in the knowledge of those areas appropriate for an internal medicine specialist, specifically: (Outcome)
- IV.A.5.b).(1).(a) knowledge of the broad spectrum of clinical disorders seen in the practice of general internal medicine; and, (Outcome)
- IV.A.5.b).(1).(b) knowledge of the core content of general internal medicine which includes the internal medicine subspecialties, non-internal medicine specialties, and relevant non-clinical topics at a level sufficient

to practice internal medicine. (Outcome)

- IV.A.5.b).(2) are expected to demonstrate sufficient knowledge to:
- IV.A.5.b).(2).(a) evaluate patients with an undiagnosed and undifferentiated presentation; (Outcome)
- IV.A.5.b).(2).(b) treat medical conditions commonly managed by internists; (Outcome)
- IV.A.5.b).(2).(c) provide basic preventive care; (Outcome)
- IV.A.5.b).(2).(d) interpret basic clinical tests and images; (Outcome)
- IV.A.5.b).(2).(e) recognize and provide initial management of emergency medical problems; (Outcome)
- IV.A.5.b).(2).(f) use common pharmacotherapy; and, (Outcome)
- IV.A.5.b).(2).(g) appropriately use and perform diagnostic and therapeutic procedures. (Outcome)

#### **IV.A.5.c)**

#### **Practice-based Learning and Improvement**

**Residents must demonstrate the ability to investigate and evaluate their care of patients, to appraise and assimilate scientific evidence, and to continuously improve patient care based on constant self-evaluation and life-long learning.**  
(Outcome)

**Residents are expected to develop skills and habits to be able to meet the following goals:**

- IV.A.5.c).(1) identify strengths, deficiencies, and limits in one's knowledge and expertise;** (Outcome)
- IV.A.5.c).(2) set learning and improvement goals;** (Outcome)
- IV.A.5.c).(3) identify and perform appropriate learning activities;**  
(Outcome)
- IV.A.5.c).(4) systematically analyze practice using quality improvement methods, and implement changes with the goal of practice improvement;** (Outcome)
- IV.A.5.c).(5) incorporate formative evaluation feedback into daily practice;** (Outcome)
- IV.A.5.c).(6) locate, appraise, and assimilate evidence from scientific studies related to their patients' health problems;** (Outcome)

**IV.A.5.c).(7)** **use information technology to optimize learning; and,**  
(Outcome)

**IV.A.5.c).(8)** **participate in the education of patients, families, students, residents and other health professionals.**  
(Outcome)

**IV.A.5.d)** **Interpersonal and Communication Skills**

**Residents must demonstrate interpersonal and communication skills that result in the effective exchange of information and collaboration with patients, their families, and health professionals.** (Outcome)

**Residents are expected to:**

**IV.A.5.d).(1)** **communicate effectively with patients, families, and the public, as appropriate, across a broad range of socioeconomic and cultural backgrounds;** (Outcome)

**IV.A.5.d).(2)** **communicate effectively with physicians, other health professionals, and health related agencies;** (Outcome)

**IV.A.5.d).(3)** **work effectively as a member or leader of a health care team or other professional group;** (Outcome)

**IV.A.5.d).(4)** **act in a consultative role to other physicians and health professionals; and,** (Outcome)

**IV.A.5.d).(5)** **maintain comprehensive, timely, and legible medical records, if applicable.** (Outcome)

**IV.A.5.e)** **Professionalism**

**Residents must demonstrate a commitment to carrying out professional responsibilities and an adherence to ethical principles.** (Outcome)

**Residents are expected to demonstrate:**

**IV.A.5.e).(1)** **compassion, integrity, and respect for others;** (Outcome)

**IV.A.5.e).(2)** **responsiveness to patient needs that supersedes self-interest;** (Outcome)

**IV.A.5.e).(3)** **respect for patient privacy and autonomy;** (Outcome)

**IV.A.5.e).(4)** **accountability to patients, society and the profession; and,** (Outcome)

**IV.A.5.e).(5)** **sensitivity and responsiveness to a diverse patient population, including but not limited to diversity in gender, age, culture, race, religion, disabilities, and sexual orientation.** (Outcome)

**IV.A.5.f) Systems-based Practice**

**Residents must demonstrate an awareness of and responsiveness to the larger context and system of health care, as well as the ability to call effectively on other resources in the system to provide optimal health care.**  
(Outcome)

**Residents are expected to:**

**IV.A.5.f).(1)** **work effectively in various health care delivery settings and systems relevant to their clinical specialty;** (Outcome)

**IV.A.5.f).(2)** **coordinate patient care within the health care system relevant to their clinical specialty;** (Outcome)

**IV.A.5.f).(3)** **incorporate considerations of cost awareness and risk-benefit analysis in patient and/or population-based care as appropriate;** (Outcome)

**IV.A.5.f).(4)** **advocate for quality patient care and optimal patient care systems;** (Outcome)

**IV.A.5.f).(5)** **work in interprofessional teams to enhance patient safety and improve patient care quality;** (Outcome)

**IV.A.5.f).(6)** **participate in identifying system errors and implementing potential systems solutions;** (Outcome)

**IV.A.5.f).(7)** **work in teams and effectively transmit necessary clinical information to ensure safe and proper care of patients including the transition of care between settings; and,**  
(Outcome)

**IV.A.5.f).(8)** **recognize and function effectively in high-quality care systems.** (Outcome)

**IV.B. Residents' Scholarly Activities**

**IV.B.1.** **The curriculum must advance residents' knowledge of the basic principles of research, including how research is conducted, evaluated, explained to patients, and applied to patient care.** (Core)

**IV.B.2.** **Residents should participate in scholarly activity.** (Core)

**IV.B.3. The sponsoring institution and program should allocate adequate educational resources to facilitate resident involvement in scholarly activities.** <sup>(Detail)</sup>

**V. Evaluation**

**V.A. Resident Evaluation**

**V.A.1. The program director must appoint the Clinical Competency Committee.** <sup>(Core)</sup>

**V.A.1.a) At a minimum the Clinical Competency Committee must be composed of three members of the program faculty.** <sup>(Core)</sup>

**V.A.1.a).(1) The program director may appoint additional members of the Clinical Competency Committee.**

**V.A.1.a).(1).(a) These additional members must be physician faculty members from the same program or other programs, or other health professionals who have extensive contact and experience with the program's residents in patient care and other health care settings.** <sup>(Core)</sup>

**V.A.1.a).(1).(b) Chief residents who have completed core residency programs in their specialty and are eligible for specialty board certification may be members of the Clinical Competency Committee.** <sup>(Core)</sup>

**V.A.1.b) There must be a written description of the responsibilities of the Clinical Competency Committee.** <sup>(Core)</sup>

**V.A.1.b).(1) The Clinical Competency Committee should:**

**V.A.1.b).(1).(a) review all resident evaluations semi-annually;** <sup>(Core)</sup>

**V.A.1.b).(1).(b) prepare and ensure the reporting of Milestones evaluations of each resident semi-annually to ACGME; and,** <sup>(Core)</sup>

**V.A.1.b).(1).(c) advise the program director regarding resident progress, including promotion, remediation, and dismissal.** <sup>(Detail)</sup>

**V.A.2. Formative Evaluation**

**V.A.2.a) The faculty must evaluate resident performance in a timely manner during each rotation or similar educational assignment, and document this evaluation at completion of**

**the assignment.** <sup>(Core)</sup>

V.A.2.a).(1) The faculty must discuss this evaluation with the resident at the completion of the assignment. <sup>(Core)</sup>

V.A.2.a).(2) Resident performance in continuity clinic must be reviewed with them verbally and in writing on at least a semiannual basis. <sup>(Detail)</sup>

**V.A.2.b) The program must:**

**V.A.2.b).(1) provide objective assessments of competence in patient care and procedural skills, medical knowledge, practice-based learning and improvement, interpersonal and communication skills, professionalism, and systems-based practice based on the specialty-specific Milestones;** <sup>(Core)</sup>

V.A.2.b).(1).(a) Patient care:

V.A.2.b).(1).(a).(i) The program must assess the resident in data gathering, clinical reasoning, patient management and procedures in both the inpatient and outpatient setting. <sup>(Core)</sup>

V.A.2.b).(1).(a).(ii) This assessment must involve direct observation of resident-patient encounters. <sup>(Detail)</sup>

V.A.2.b).(1).(b) Medical knowledge:

The program must use an objective validated formative assessment method (e.g., in-service training examination, chart stimulated recall). The same formative assessment method must be administered at least twice during the training program. <sup>(Detail)</sup>

V.A.2.b).(1).(c) Practice-based learning and improvement:

The program must assess resident performance in:

V.A.2.b).(1).(c).(i) application of evidence to patient care, <sup>(Detail)</sup>

V.A.2.b).(1).(c).(ii) practice improvement, <sup>(Detail)</sup>

V.A.2.b).(1).(c).(iii) teaching skills involving peers and patients, and <sup>(Detail)</sup>

V.A.2.b).(1).(c).(iv) scholarship. <sup>(Detail)</sup>

- V.A.2.b).(1).(c).(v) Assessment of practice must include use of performance data. <sup>(Detail)</sup>
- V.A.2.b).(1).(d) Interpersonal and communication skills:  
The program must assess resident performance in the following:
- V.A.2.b).(1).(d).(i) communication with patient and family, <sup>(Detail)</sup>
- V.A.2.b).(1).(d).(ii) teamwork, <sup>(Detail)</sup>
- V.A.2.b).(1).(d).(iii) communication with peers, including transitions in care, and <sup>(Detail)</sup>
- V.A.2.b).(1).(d).(iv) record keeping. <sup>(Detail)</sup>
- V.A.2.b).(1).(d).(v) Assessment must include both direct observation and multi-source evaluation (including at least patients, peers and non-physician team members). <sup>(Detail)</sup>
- V.A.2.b).(1).(e) Professionalism:  
The program must assess the resident in the following:
- V.A.2.b).(1).(e).(i) honesty and integrity, <sup>(Detail)</sup>
- V.A.2.b).(1).(e).(ii) ability to meet professional responsibilities, <sup>(Detail)</sup>
- V.A.2.b).(1).(e).(iii) ability to maintain appropriate professional relationships with patients and colleagues, and <sup>(Detail)</sup>
- V.A.2.b).(1).(e).(iv) commitment to self-improvement. <sup>(Detail)</sup>
- V.A.2.b).(1).(e).(v) Assessment must include multi-source evaluation (including at least patients, peers, and non-physician team members). <sup>(Detail)</sup>
- V.A.2.b).(1).(f) Systems-based practice:  
The program must assess the resident in the following:
- V.A.2.b).(1).(f).(i) care coordination, including transition of care, <sup>(Detail)</sup>

- V.A.2.b).(1).(f).(ii) ability to work in interdisciplinary teams, (Detail)
- V.A.2.b).(1).(f).(iii) advocacy for quality of care, and (Detail)
- V.A.2.b).(1).(f).(iv) ability to identify system problems and participate in improvement activities. (Detail)
- V.A.2.b).(1).(f).(v) Assessment must include multi-source evaluation (including at least peers, and non-physician team members). (Detail)
- V.A.2.b).(2) use multiple evaluators (e.g., faculty, peers, patients, self, and other professional staff); (Detail)**
- V.A.2.b).(3) document progressive resident performance improvement appropriate to educational level; and, (Core)**
- V.A.2.b).(4) provide each resident with documented semiannual evaluation of performance with feedback. (Core)**
- V.A.2.c) The evaluations of resident performance must be accessible for review by the resident, in accordance with institutional policy. (Detail)**
- V.A.2.d) The record of evaluation must include a logbook or an equivalent method to demonstrate that each resident has achieved competence in the performance of invasive procedures. (Detail)
- V.A.3. Summative Evaluation**
- V.A.3.a) The specialty specific Milestones must be used as one of the tools to ensure residents are able to practice core professional activities without supervision upon completion of the program. (Core)**
- V.A.3.b) The program director must provide a summative evaluation for each resident upon completion of the program. (Core)**
- This evaluation must:**
- V.A.3.b).(1) become part of the resident's permanent record maintained by the institution, and must be accessible for review by the resident in accordance with institutional policy; (Detail)**
- V.A.3.b).(2) document the resident's performance during the final period of education; and, (Detail)**
- V.A.3.b).(3) verify that the resident has demonstrated sufficient**

**competence to enter practice without direct supervision.** <sup>(Detail)</sup>

**V.B. Faculty Evaluation**

**V.B.1. At least annually, the program must evaluate faculty performance as it relates to the educational program.** <sup>(Core)</sup>

**V.B.2. These evaluations should include a review of the faculty's clinical teaching abilities, commitment to the educational program, clinical knowledge, professionalism, and scholarly activities.** <sup>(Detail)</sup>

**V.B.3. This evaluation must include at least annual written confidential evaluations by the residents.** <sup>(Detail)</sup>

**V.B.3.a) Residents must have the opportunity to provide confidential written evaluations of each teaching attending at the end of a rotation.** <sup>(Detail)</sup>

**V.B.3.b) These evaluations must be reviewed annually with the attending.** <sup>(Detail)</sup>

**V.C. Program Evaluation and Improvement**

**V.C.1. The program director must appoint the Program Evaluation Committee (PEC).** <sup>(Core)</sup>

**V.C.1.a) The Program Evaluation Committee:**

**V.C.1.a).(1) must be composed of at least two program faculty members and should include at least one resident;** <sup>(Core)</sup>

**V.C.1.a).(2) must have a written description of its responsibilities; and,** <sup>(Core)</sup>

**V.C.1.a).(3) should participate actively in:**

**V.C.1.a).(3).(a) planning, developing, implementing, and evaluating educational activities of the program;** <sup>(Detail)</sup>

**V.C.1.a).(3).(b) reviewing and making recommendations for revision of competency-based curriculum goals and objectives;** <sup>(Detail)</sup>

**V.C.1.a).(3).(c) addressing areas of non-compliance with ACGME standards; and,** <sup>(Detail)</sup>

**V.C.1.a).(3).(d) reviewing the program annually using evaluations of faculty, residents, and others, as**

specified below. <sup>(Detail)</sup>

**V.C.2. The program, through the PEC, must document formal, systematic evaluation of the curriculum at least annually, and is responsible for rendering a written, annual program evaluation. <sup>(Core)</sup>**

**The program must monitor and track each of the following areas:**

**V.C.2.a) resident performance; <sup>(Core)</sup>**

V.C.2.a).(1) including outcome assessment of the educational effectiveness of inpatient and ambulatory teaching. <sup>(Detail)</sup>

**V.C.2.b) faculty development; <sup>(Core)</sup>**

**V.C.2.c) graduate performance, including performance of program graduates on the certification examination; <sup>(Core)</sup>**

V.C.2.c).(1) At least 80% of those completing their training in the program for the most recently defined three-year period must have taken the certifying examination. <sup>(Outcome)</sup>

V.C.2.c).(2) A program's graduates must achieve a pass rate on the certifying examination of the ABIM of at least 80% for first-time takers of the examination in the most recently defined three-year period. <sup>(Outcome)</sup>

**V.C.2.d) program quality; <sup>(Core)</sup>**

V.C.2.d).(1) **Residents and faculty must have the opportunity to evaluate the program confidentially and in writing at least annually, and <sup>(Detail)</sup>**

V.C.2.d).(2) **The program must use the results of residents' and faculty members' assessments of the program together with other program evaluation results to improve the program. <sup>(Detail)</sup>**

**V.C.2.e) progress on the previous year's action plan(s); and, <sup>(Core)</sup>**

V.C.2.f) the ability to retain qualified residents by graduating at least 80% of its entering categorical residents averaged over the most recent three-year period. <sup>(Outcome)</sup>

**V.C.3. The PEC must prepare a written plan of action to document initiatives to improve performance in one or more of the areas listed in section V.C.2., as well as delineate how they will be measured and monitored. <sup>(Core)</sup>**

**V.C.3.a) The action plan should be reviewed and approved by the teaching faculty and documented in meeting minutes. <sup>(Detail)</sup>**

V.C.4. The department should share appropriate inpatient and outpatient faculty performance data with the program director. <sup>(Core)</sup>

V.C.5. The program must organize representative program personnel, at a minimum to include the program director, representative faculty, and one resident, to review program goals and objectives, and the effectiveness with which they are achieved. <sup>(Detail)</sup>

## VI. Resident Duty Hours in the Learning and Working Environment

### VI.A. Professionalism, Personal Responsibility, and Patient Safety

VI.A.1. **Programs and sponsoring institutions must educate residents and faculty members concerning the professional responsibilities of physicians to appear for duty appropriately rested and fit to provide the services required by their patients.** <sup>(Core)</sup>

VI.A.2. **The program must be committed to and responsible for promoting patient safety and resident well-being in a supportive educational environment.** <sup>(Core)</sup>

VI.A.3. **The program director must ensure that residents are integrated and actively participate in interdisciplinary clinical quality improvement and patient safety programs.** <sup>(Core)</sup>

VI.A.4. **The learning objectives of the program must:**

VI.A.4.a) **be accomplished through an appropriate blend of supervised patient care responsibilities, clinical teaching, and didactic educational events; and,** <sup>(Core)</sup>

VI.A.4.b) **not be compromised by excessive reliance on residents to fulfill non-physician service obligations.** <sup>(Core)</sup>

VI.A.5. **The program director and institution must ensure a culture of professionalism that supports patient safety and personal responsibility.** <sup>(Core)</sup>

VI.A.6. **Residents and faculty members must demonstrate an understanding and acceptance of their personal role in the following:**

VI.A.6.a) **assurance of the safety and welfare of patients entrusted to their care;** <sup>(Outcome)</sup>

VI.A.6.b) **provision of patient- and family-centered care;** <sup>(Outcome)</sup>

VI.A.6.c) **assurance of their fitness for duty;** <sup>(Outcome)</sup>

VI.A.6.d) **management of their time before, during, and after clinical assignments;** <sup>(Outcome)</sup>

- VI.A.6.e) **recognition of impairment, including illness and fatigue, in themselves and in their peers;** <sup>(Outcome)</sup>
- VI.A.6.f) **attention to lifelong learning;** <sup>(Outcome)</sup>
- VI.A.6.g) **the monitoring of their patient care performance improvement indicators; and,** <sup>(Outcome)</sup>
- VI.A.6.h) **honest and accurate reporting of duty hours, patient outcomes, and clinical experience data.** <sup>(Outcome)</sup>
- VI.A.7. **All residents and faculty members must demonstrate responsiveness to patient needs that supersedes self-interest. They must recognize that under certain circumstances, the best interests of the patient may be served by transitioning that patient's care to another qualified and rested provider.** <sup>(Outcome)</sup>
- VI.B. **Transitions of Care**
- VI.B.1. **Programs must design clinical assignments to minimize the number of transitions in patient care.** <sup>(Core)</sup>
- VI.B.2. **Sponsoring institutions and programs must ensure and monitor effective, structured hand-over processes to facilitate both continuity of care and patient safety.** <sup>(Core)</sup>
- VI.B.3. **Programs must ensure that residents are competent in communicating with team members in the hand-over process.** <sup>(Outcome)</sup>
- VI.B.4. **The sponsoring institution must ensure the availability of schedules that inform all members of the health care team of attending physicians and residents currently responsible for each patient's care.** <sup>(Detail)</sup>
- VI.C. **Alertness Management/Fatigue Mitigation**
- VI.C.1. **The program must:**
- VI.C.1.a) **educate all faculty members and residents to recognize the signs of fatigue and sleep deprivation;** <sup>(Core)</sup>
- VI.C.1.b) **educate all faculty members and residents in alertness management and fatigue mitigation processes; and,** <sup>(Core)</sup>
- VI.C.1.c) **adopt fatigue mitigation processes to manage the potential negative effects of fatigue on patient care and learning, such as naps or back-up call schedules.** <sup>(Detail)</sup>
- VI.C.2. **Each program must have a process to ensure continuity of patient**

care in the event that a resident may be unable to perform his/her patient care duties. <sup>(Core)</sup>

VI.C.3. The sponsoring institution must provide adequate sleep facilities and/or safe transportation options for residents who may be too fatigued to safely return home. <sup>(Core)</sup>

VI.D. Supervision of Residents

VI.D.1. In the clinical learning environment, each patient must have an identifiable, appropriately-credentialed and privileged attending physician (or licensed independent practitioner as approved by each Review Committee) who is ultimately responsible for that patient's care. <sup>(Core)</sup>

VI.D.1.a) This information should be available to residents, faculty members, and patients. <sup>(Detail)</sup>

VI.D.1.b) Residents and faculty members should inform patients of their respective roles in each patient's care. <sup>(Detail)</sup>

VI.D.2. The program must demonstrate that the appropriate level of supervision is in place for all residents who care for patients. <sup>(Core)</sup>

Supervision may be exercised through a variety of methods. Some activities require the physical presence of the supervising faculty member. For many aspects of patient care, the supervising physician may be a more advanced resident or fellow. Other portions of care provided by the resident can be adequately supervised by the immediate availability of the supervising faculty member or resident physician, either in the institution, or by means of telephonic and/or electronic modalities. In some circumstances, supervision may include post-hoc review of resident-delivered care with feedback as to the appropriateness of that care. <sup>(Detail)</sup>

VI.D.3. Levels of Supervision

To ensure oversight of resident supervision and graded authority and responsibility, the program must use the following classification of supervision: <sup>(Core)</sup>

VI.D.3.a) Direct Supervision – the supervising physician is physically present with the resident and patient. <sup>(Core)</sup>

VI.D.3.b) Indirect Supervision:

VI.D.3.b).(1) with direct supervision immediately available – the supervising physician is physically within the hospital or other site of patient care, and is immediately available to provide Direct Supervision. <sup>(Core)</sup>

- VI.D.3.b).(2)** with direct supervision available – the supervising physician is not physically present within the hospital or other site of patient care, but is immediately available by means of telephonic and/or electronic modalities, and is available to provide Direct Supervision. <sup>(Core)</sup>
- VI.D.3.c)** Oversight – the supervising physician is available to provide review of procedures/encounters with feedback provided after care is delivered. <sup>(Core)</sup>
- VI.D.4.** The privilege of progressive authority and responsibility, conditional independence, and a supervisory role in patient care delegated to each resident must be assigned by the program director and faculty members. <sup>(Core)</sup>
- VI.D.4.a)** The program director must evaluate each resident’s abilities based on specific criteria. When available, evaluation should be guided by specific national standards-based criteria. <sup>(Core)</sup>
- VI.D.4.b)** Faculty members functioning as supervising physicians should delegate portions of care to residents, based on the needs of the patient and the skills of the residents. <sup>(Detail)</sup>
- VI.D.4.c)** Senior residents or fellows should serve in a supervisory role of junior residents in recognition of their progress toward independence, based on the needs of each patient and the skills of the individual resident or fellow. <sup>(Detail)</sup>
- VI.D.5.** Programs must set guidelines for circumstances and events in which residents must communicate with appropriate supervising faculty members, such as the transfer of a patient to an intensive care unit, or end-of-life decisions. <sup>(Core)</sup>
- VI.D.5.a)** Each resident must know the limits of his/her scope of authority, and the circumstances under which he/she is permitted to act with conditional independence. <sup>(Outcome)</sup>
- VI.D.5.a).(1)** In particular, PGY-1 residents should be supervised either directly or indirectly with direct supervision immediately available. <sup>(Core)</sup>
- VI.D.6.** Faculty supervision assignments should be of sufficient duration to assess the knowledge and skills of each resident and delegate to him/her the appropriate level of patient care authority and responsibility. <sup>(Detail)</sup>
- VI.E.** **Clinical Responsibilities**
- The clinical responsibilities for each resident must be based on PGY-level, patient safety, resident education, severity and complexity of patient

**illness/condition and available support services.** <sup>(Core)</sup>

**VI.F. Teamwork**

**Residents must care for patients in an environment that maximizes effective communication. This must include the opportunity to work as a member of effective interprofessional teams that are appropriate to the delivery of care in the specialty.** <sup>(Core)</sup>

**VI.G. Resident Duty Hours**

**VI.G.1. Maximum Hours of Work per Week**

**Duty hours must be limited to 80 hours per week, averaged over a four-week period, inclusive of all in-house call activities and all moonlighting.** <sup>(Core)</sup>

**VI.G.1.a) Duty Hour Exceptions**

**A Review Committee may grant exceptions for up to 10% or a maximum of 88 hours to individual programs based on a sound educational rationale.** <sup>(Detail)</sup>

The Review Committee for Internal Medicine will not consider requests for exceptions to the 80-hour limit to the residents' work week.

**VI.G.1.a).(1) In preparing a request for an exception the program director must follow the duty hour exception policy from the ACGME Manual on Policies and Procedures.** <sup>(Detail)</sup>

**VI.G.1.a).(2) Prior to submitting the request to the Review Committee, the program director must obtain approval of the institution's GMEC and DIO.** <sup>(Detail)</sup>

**VI.G.2. Moonlighting**

**VI.G.2.a) Moonlighting must not interfere with the ability of the resident to achieve the goals and objectives of the educational program.** <sup>(Core)</sup>

**VI.G.2.b) Time spent by residents in Internal and External Moonlighting (as defined in the ACGME Glossary of Terms) must be counted towards the 80-hour Maximum Weekly Hour Limit.** <sup>(Core)</sup>

**VI.G.2.c) PGY-1 residents are not permitted to moonlight.** <sup>(Core)</sup>

**VI.G.3. Mandatory Time Free of Duty**

**Residents must be scheduled for a minimum of one day free of duty every week (when averaged over four weeks). At-home call cannot be assigned on these free days.** <sup>(Core)</sup>

**VI.G.4. Maximum Duty Period Length**

**VI.G.4.a) Duty periods of PGY-1 residents must not exceed 16 hours in duration.** <sup>(Core)</sup>

**VI.G.4.b) Duty periods of PGY-2 residents and above may be scheduled to a maximum of 24 hours of continuous duty in the hospital.** <sup>(Core)</sup>

**VI.G.4.b).(1) Programs must encourage residents to use alertness management strategies in the context of patient care responsibilities. Strategic napping, especially after 16 hours of continuous duty and between the hours of 10:00 p.m. and 8:00 a.m., is strongly suggested.** <sup>(Detail)</sup>

**VI.G.4.b).(2) It is essential for patient safety and resident education that effective transitions in care occur. Residents may be allowed to remain on-site in order to accomplish these tasks; however, this period of time must be no longer than an additional four hours.** <sup>(Core)</sup>

**VI.G.4.b).(3) Residents must not be assigned additional clinical responsibilities after 24 hours of continuous in-house duty.** <sup>(Core)</sup>

**VI.G.4.b).(4) In unusual circumstances, residents, on their own initiative, may remain beyond their scheduled period of duty to continue to provide care to a single patient. Justifications for such extensions of duty are limited to reasons of required continuity for a severely ill or unstable patient, academic importance of the events transpiring, or humanistic attention to the needs of a patient or family.** <sup>(Detail)</sup>

**VI.G.4.b).(4).(a) Under those circumstances, the resident must:**

**VI.G.4.b).(4).(a).(i) appropriately hand over the care of all other patients to the team responsible for their continuing care; and,** <sup>(Detail)</sup>

**VI.G.4.b).(4).(a).(ii) document the reasons for remaining to care for the patient in question and submit that documentation in every circumstance to the program director.** <sup>(Detail)</sup>

**VI.G.4.b).(4).(b) The program director must review each**

**submission of additional service, and track both individual resident and program-wide episodes of additional duty.** <sup>(Detail)</sup>

**VI.G.5. Minimum Time Off between Scheduled Duty Periods**

**VI.G.5.a) PGY-1 residents should have 10 hours, and must have eight hours, free of duty between scheduled duty periods.** <sup>(Core)</sup>

**VI.G.5.b) Intermediate-level residents should have 10 hours free of duty, and must have eight hours between scheduled duty periods. They must have at least 14 hours free of duty after 24 hours of in-house duty.** <sup>(Core)</sup>

No residents will be designated as being at the intermediate level.

**VI.G.5.c) Residents in the final years of education must be prepared to enter the unsupervised practice of medicine and care for patients over irregular or extended periods.** <sup>(Outcome)</sup>

PGY-2 and PGY-3 residents are considered to be in the final years of education.

**VI.G.5.c).(1) This preparation must occur within the context of the 80-hour, maximum duty period length, and one-day-off-in-seven standards. While it is desirable that residents in their final years of education have eight hours free of duty between scheduled duty periods, there may be circumstances when these residents must stay on duty to care for their patients or return to the hospital with fewer than eight hours free of duty.** <sup>(Detail)</sup>

**VI.G.5.c).(1).(a) Circumstances of return-to-hospital activities with fewer than eight hours away from the hospital by residents in their final years of education must be monitored by the program director.** <sup>(Detail)</sup>

**VI.G.5.c).(1).(b) In unusual circumstances, residents may remain beyond their scheduled period of duty or return after their scheduled period of duty to provide care to a single patient. Justifications for such extensions of duty are limited to reasons of required continuity of care for a severely ill or unstable patient, academic importance of the events transpiring, or humanistic attention to the needs of the patient or family. Such episodes should be rare, must be of the residents' own initiative, and need not initiate a new 'off-duty period' nor require a change in the scheduled 'off-**

duty period.' (Detail)

VI.G.5.c).(1).(c)

Under such circumstances, the resident must appropriately hand over care of all other patients to the team responsible for their continuing care, and document the reasons for remaining or returning to care for the patient in question and submit that documentation to the program director. (Detail)

VI.G.5.c).(1).(d)

The program director must review each submission of additional service and track both individual residents' and program-wide episodes of additional duty. (Detail)

**VI.G.6. Maximum Frequency of In-House Night Float**

**Residents must not be scheduled for more than six consecutive nights of night float.** (Core)

**VI.G.7. Maximum In-House On-Call Frequency**

**PGY-2 residents and above must be scheduled for in-house call no more frequently than every-third-night (when averaged over a four-week period).** (Core)

VI.G.7.a)

Internal Medicine residency programs must not average in-house call over a four-week period. (Core)

**VI.G.8. At-Home Call**

VI.G.8.a)

**Time spent in the hospital by residents on at-home call must count towards the 80-hour maximum weekly hour limit. The frequency of at-home call is not subject to the every-third-night limitation, but must satisfy the requirement for one-day-in-seven free of duty, when averaged over four weeks.** (Core)

VI.G.8.a).(1)

**At-home call must not be so frequent or taxing as to preclude rest or reasonable personal time for each resident.** (Core)

VI.G.8.b)

**Residents are permitted to return to the hospital while on at-home call to care for new or established patients. Each episode of this type of care, while it must be included in the 80-hour weekly maximum, will not initiate a new "off-duty period".** (Detail)

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**\*Core Requirements:** Statements that define structure, resource, or process elements essential to every graduate medical educational program.

**Detail Requirements:** Statements that describe a specific structure, resource, or process, for achieving compliance with a Core Requirement. Programs in substantial compliance with the Outcome

Requirements may utilize alternative or innovative approaches to meet Core Requirements.

**Outcome Requirements:** Statements that specify expected measurable or observable attributes (knowledge, abilities, skills, or attitudes) of residents or fellows at key stages of their graduate medical education.

### **Osteopathic Principles Recognition**

For programs seeking Osteopathic Principles Recognition for the entire program, or for a track within the program, the Osteopathic Recognition Requirements are also applicable.

([http://www.acgme.org/acgmeweb/Portals/0/PFAssets/ProgramRequirements/Osteopathic\\_Recognition\\_Requirements.pdf](http://www.acgme.org/acgmeweb/Portals/0/PFAssets/ProgramRequirements/Osteopathic_Recognition_Requirements.pdf))